



AUCKLAND DISTRICT HEALTH BOARD

Communications

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ADHB Media Release

September 30, 2010

H1N1-Related Death At Auckland City Hospital

A further H1N1-related death at Auckland City Hospital was confirmed today by Auckland District Health Board (ADHB).

This brings to seven the total number of H1N1-related patient deaths at Auckland City Hospital this year.

The most recent was a 37-year-old male who died on September 10. He had no other underlying medical conditions.

The man's death has been referred to the coroner.

People are reminded to take steps to protect themselves and others from influenza:

Know the symptoms of influenza, which can include a high fever, headache, cough, sore throat, tiredness and generally aching all over.

Phone for health advice quickly (call your GP or Healthline on 0800 611 116) if you have influenza-like symptoms, including consideration of whether you need antiviral medication.

Antiviral medication may lessen the severity and length of your illness but is best started within the first 48 hours.

Antiviral treatment is currently available free of charge for people who are prescribed it for influenza treatment.

Seeking early medical advice is especially important for women who are pregnant, severely overweight people and those with underlying medical conditions such as asthma, diabetes, cancer, heart and lung disease and other conditions including autoimmune diseases.

Wash and dry hands frequently, cover coughs and sneezes and **stay home if you are sick**.

More information can be found on the Ministry of Health website at:

<http://www.moh.govt.nz/influenza-a-h1n1>.

ENDS

For further information please contact Matt Rogers, External Communications

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